



2024/2025

ATHENA VB

Informational Meeting

CLUB MISSION



OUR MISSION IS TO INSPIRE GREATNESS THROUGH THE SPORT OF VOLLEYBALL.

WE CREATE COMMUNITY (KOINONIA) THAT PROMOTES EXCELLENCE (ARETE) THROUGH AN UPLIFTING (PARAKALEO) CULTURE.

THIS IS BUILT ON RELATIONSHIPS AND SHARED CORE VALUES OF INTEGRITY, RESPECT, AND DISCIPLINE.

WE EXIST TO HELP YOU REACH YOUR GOALS – WHETHER THAT IS TO PLAY COLLEGIATE VOLLEYBALL OR NOT.

STRONG ALONE, UNSTOPPABLE TOGETHER



OUR FOUNDATION

TO BE A POSITIVE FORCE OF CHANGE

VISION : STRONG EMPOWERED ATHLETES THAT ARE SUCCESSFUL IN LIFE

MISSION : TO INSPIRE GREATNESS THROUGH THE SPORT OF VOLLEYBALL

CULTURE : CORE VALUES

ARETE – EXCELLENCE OF MIND,
BODY, SOUL

PARAKALEO – UPLIFT ONE
ANOTHER

KOINONIA - COMMUNITY

RESPECT

DISCIPLINE

INTEGRITY

AMBITIONS : WHAT WINNING LOOKS LIKE

DEVELOP PLAYER VB SKILL AND
INTELLIGENCE

EQUIP PLAYERS WHO DESIRE TO
PLAY AT NEXT LEVEL

GROW THE GAME OF VOLLEYBALL
IN PNW

REGIONAL/NATIONAL RANKINGS

CULTIVATE TEACHER/COACHES

“OVERNIGHT” SUCCESSES IN 10
YEARS

THE ATHENAVB ADVANTAGE

25 YEARS OF EXCELLENCE

• THE RIGHT FIT

- Largest club in Portland with 5-6 teams per age group to find the right level of competition, travel, and cost. Find your fit!
- Designing teams in Bend according to aspirations of Bend athletes.
- We are training coaches.
- A tradition of excellence and experience in developing top players in the NW.

• WE ARE A LEAGUE ONE VOLLEYBALL (LOVB) FOUNDING CLUB

- A focus on the “whole athlete” development, building successful players, teammates and leaders.
- National Recruiting Director and recruiting services to find the best fit for those who want to continue playing in college.
- National Technical Director





THE ATHENA VB ADVANTAGE

Remi Pourrat: ATHENA VB & AJAX VB Recruiting Coordinator

- **RECRUITING SERVICE**

- High school athletes meet in groups as well as individually to go through the recruiting steps as well as address questions personally with your recruiting journey
- 21 signed collegiate players in 2024
- The only club to have 3 USA NTDP U19 players in the NW
- Known among colleges for our training and prepared student athletes
- Nationally connected through LOVB National Recruiting

- **SPORTS RECRUITS + BALLTIME**

- Each high school athlete on a Select or National Team will have a personal website and platform on SportsRecruits to keep track of the recruiting journey. National and Select youth teams will have Balltime.



ATHENA ALUM



THE ATHENAVB ADVANTAGE



- **OLYMPUS SPORTS CENTER**

- Elite dedicated volleyball facility. Host of Power League.
- Training tools, TV, Tier 2 floors
- Consistent practice times
- Cutting edge New Athlete training, weight room, and Physical Therapist
- (Bend partnership with Boss.)

- **MINDSET TRAINING w/ Courtney Thompson & LOVB Pro Athletes**

- Commitment to Whole Athlete Training
- In person and video trainings for the mental side of the game

- **ATHENAVB CULTURE**

- Uplifting and supportive environment while being nationally competitive.
- Confident players that are individually capable but team focused.

- **TRAVEL SERVICE**

- Travel arrangements. (No flights included for Bend teams.)
- Team chaperone and upfront travel costs included –for transparent budgeting and to reduce parent travel expense
- Parents wishing to travel can request travel and accommodations separately.





VOLLEYBALL TRAINING

PRACTICES (Keys, Academy, Position Training, Extra Reps, and Team Practices)

- Teams practice 2-3 times a week depending on the level
- All teams start Keys Training the week of **Nov. 18th**
- Regular team practices start the **week of Thanksgiving or the week after**

REGIONAL TOURNAMENTS

- CEVA Power League or Friendship Tournaments

NATIONAL TOURNAMENTS

- For a higher level of competition and national collegiate exposure

SAQ TRAINING

- 30-60 minute sessions with New Athlete @ Olympus and with Boss in Bend
- 1-2 times per week depending on team level



OUR 2024/2025 COACHES

ATHENA VB + AJAX VB

HOME OF ATHENA GIRLS VOLLEYBALL AND AJAX BOYS VOLLEYBALL

CLUB INFO	PORTLAND	BEND	BEACH	COMMITTS	OLYMPUS
WITH LOVØ		A NEW KIND OF PLAYER			LEAGUE ONE VOLLEYBALL

ATHENA VB 18 GOLD

National Program



Kaiao Nahale-a
Head Coach



Megan Burton
Assistant Coach

PRACTICES

3x per week - Tue, Wed, Sun
Schedule may vary through the year.

CLUB AND TRAVEL FEES

1st deposit due at Tryouts.

Monthly payments start in December.

Base Club Dues - Uniforms, court rental, coaching, agility training, Balltime video, admin costs.

Base Travel Dues - Tournament entry, flight, hotel, coach travel, cooler food, one team dinner.

For Gold teams, it is not optional to attend AAUs or USAV GJNC. It is part of the dues commitment that will be paid in June.

TOURNAMENTS

Dec 15 - Open PL Qualifier

Jan 4 - Open Power League 1

Jan 18-20 - Matt Hartner Memorial

Jan 24-26 - SLC Showdown

Feb 1 - Open Power League 2

Feb 8 - Bid Tournament *

Feb 28-2 - Sunshine Classic

Mar 8 - Open Power League 3

Mar 14-16 - Northeast Qualifier

Apr 25-27 - GJNC - SLC **

May 3-4 - CEVA Regional Championships

** if qualified ** if qualified, additional cost*

- Click for Coach Bios (team pages coming soon)
- We have coaches with amazing experience, but what makes us great is our growth mindset and continuing education



NATIONAL/SELECT/REGIONAL LEVELS

REGIONAL

- Practice 2x/wk, New Athlete 1x/wk, Academy training 1x/wk
- Mindset Training
- CEVA Power League, Friendship Tournaments, Driving multi-day tournaments
- No travel included. (Hotel blocks available)
- Select/Regional Player Pack

SELECT

- Practice 2.5x/wk, New Athlete 1x/wk, Academy training 1x/wk
- Mindset Training
- CEVA Power League, Friendship Tournaments, Varies multi-day tournaments
- Travel included and Hotel blocks available
- Select/Regional Player Pack

NATIONAL

- Practice 3x/wk, New Athlete 2x/wk, Academy & Position Training 1x/wk
- Recruiting Coordinator, Balltime, and Sports Recruits program
- Mindset Training
- CEVA Power League and Multi-Day Qualifiers
- All travel included in dues (except Nationals)
- Will attend GJNC or AAU Nationals



REGIONAL TRAVEL

TRAVEL SUMMARY



•ONE-DAY REGIONAL TOURNAMENTS:

- Players/Parents will drive themselves to and from the tournament.
- They will bring their own food.

DRIVING OVERNIGHT TOURNAMENTS:

- Players/Parents will drive themselves to and from the tournament.
- OPTIONAL– Parents will be provided a hotel block where they can book a room.

NATIONAL & SELECT TRAVEL

•ONE-DAY REGIONAL TOURNAMENTS:

- Players/Parents will drive themselves to and from the tournament.
- They will bring their own food.
- No hotels provided other than for coaches.

•FLYING & DRIVING OVERNIGHT TOURNAMENTS: (NATIONAL/SELECT ONLY)

- Players/Parents will drive themselves to and from the tournament. (No flights included)
- Players will stay in rooms with 3-4 players at a hotel the club arranges.
- Team Chaperones will help organize food for players in the gym as well as one team meal.
- OPTIONAL– parents can request a room at same hotel through our travel coordinator.



BASE CLUB DUES

(not including travel fees)

- **ATHENAVB club and travel are upfront and transparent.**
- **The only additional invoices if teams qualify for nationals.**
- **Club dues from other large clubs in the NW are comparable – and we offer so much more.**

Regional Teams	\$2,550
Youth Select Teams	\$3,150
High School Select Teams	\$3,350
Youth National Teams	\$4,250
High School National Teams	\$4,450
18s National Teams	\$4,050



TRAVEL DUES

- **TRAVEL DUES:** Includes tournament entry fees, hotel rooms, coaches travel, transportation (flights and cars/shuttles), cooler food, one team dinner.
- ATHENAVB National dues covers all expenses through May. Other clubs stop dues at Regionals, a month earlier.
- ATHENAVB Select and Nationals team dues include hotel, food, flights for all tournaments. Other clubs include hotel only for a couple of tournaments.
- This method helps families budget since our monthly dues are consistent and you don't get invoiced for additional travel each month.
- This method also helps families budget since parents do not need to travel to tournaments since players are taken care of.

Regional Teams	\$300-475
Youth Select Teams	\$1900-2200
High School Select Teams	\$3000-\$3500
Youth National Teams	\$5000-6700
High School National Teams	\$5900-\$7900
18s National Teams	Around \$5200



DUES

1. BASE CLUB DUES: includes uniforms, court rentals, coaching, SAQ, HUDL, administration costs.

2. TRAVEL DUES: includes tournament entry, hotel, coaches travel, cooler food, one team dinner.

Examples

	*CLUB FEE	TRAVEL FEE	TOTAL		DEPOSIT	MONTHLY FEE	# of Months
Regional Team	2550	625	3175		550	525	5
Select Team (16 Onyx)	3350	4200	7550		950	1100	6
National Team (16 Gold)	4450	6500	10950		1250	1385	7



DUES



PAYMENTS THROUGH Sprocket Sports

- 1st deposit due at Tryouts 7-8 monthly
- Payments will be due the 1st of each month beginning Dec. 1st
 - ACH is a fee free option
 - Checks have to be received 48 hrs. before due date



DUES DISCLAIMERS

POSTED DUES

- Dues are calculated on no interruptions due to COVID state guidelines.

REFUND POLICY

- If a tournament is cancelled, each player's dues will reflect the amount we were refunded from the tournament and travel.
- If a government mandate requires cancellation, any event affected will be a reduction in fees.
- If a player is unable to attend an event because they are sick or injured - just as always, **NO REFUNDS WILL BE ISSUED**

NATIONAL TEAM DUES

- National team club dues do not include AAU/Nationals dues expense but by committing to a National team you are committing to attend.



NEXT STEPS :

Pre-Tryouts/Tryouts

- 1. Complete tryout registration before the day of tryouts.**
- 2. Attend tryouts at the time indicated on the website.**
 - Notice time of check-in and time for parents to arrive**
- 3. Team announcements will be announced at the end of tryouts and parents of each team will meet with coaches at that time.**
- 4. Commitment decision made at that time. (Deposit of \$550-950 due at that time on Sprocket)**
- 5. Apparel table at tryouts to confirm sizes to be placed on the BSN Sports website.**
- 6. Complete all-club info packet after tryouts. (*Info to be provided)**



WEBSITE: TEAM INFO, TOURNAMENT SCHEDULES AND PRACTICES

ATHENAVB+AJAXVB HOME OF ATHENA GIRLS VOLLEYBALL AND AJAX BOYS VOLLEYBALL

CLUB INFO

PORTLAND

BEND

BEACH

COMMITTS

OLYMPUS

WITH **LOVB**

A NEW KIND OF PLAYER

LEAGUE
ONE
VOLLEYBALL

TRYOUTS

TRYOUT INFORMATION

ATHENA VB



In Greek mythology, ATHENA was the goddess of wisdom and battle. We seek to develop strong women through the sport of volleyball - equipped with technical playing and life skills nurtured through world class training and honed in competition and battle.

A Greek hero of the Trojan War, AJAX was described in the *Iliad* as fearless, strong, and powerful, and with a high level of combat intelligence. He was a towering figure and a warrior of great courage.

AJAXVB is the premier and largest boys volleyball club in the NW, with the vision of a empowering greatness through team and individual excellence.



AJAXVB



THANK YOU!